



Thornhill
Academy
Enriching Lives, Inspiring Ambitions

Parental Newsletter

Message from Head Teacher



As we reach the end of term, I want to recognise all the hard work that our staff have put in to support our students. I am very proud of them and the fantastic team they are. I am sure you will join with me in wishing them all a restful and well-deserved holiday.

I want to say a public thank you for everything they have done to the staff who have left us during the course of this term, namely Mrs Edwards, Mr Naylor and Miss Marriner. Today 3 more staff are moving on to pastures new, they are Mrs Criddle, Miss Watson and Mr Lord, we wish them well.

Tonight is our carol service at 17Nineteen, starting at 7.00pm it would be lovely to see you there, celebrating a successful term and welcoming the holiday season in.

I wish all of our parents, carers and students a lovely, festive holiday. Thank you to each of you for the ways you support us as a school.

We look forward to an exciting 2024 and welcoming our students back to school on Monday 8th January.

Sue Hamilton

**To view all Parents Letters please click the link
below:**



Proud to be part of
Consilium
Academies

Thornhill Academy, Thornholme Road
Sunderland, SR2 7NA
0191 500 7981
thr-enquiries@consilium-at.com

School News

ParentPay App

Across school, we still have a significant number of students whose parents or carers have not registered for ParentPay, meaning that we are seeing huge amounts of cash on site. From a security and safeguarding standpoint, we want to stop this.

YOU MUST REGISTER FOR PARENTPAY NOW

If you need help completing the registration, we are happy to accommodate this in school. Please phone 0191 500 7981 and if we cannot help over the telephone, we can book a convenient time for you to attend school so that we can work together to activate your account.

If you do not register or advise school why you are unable to, your child may miss out on opportunities as ParentPay is the required way to pay for school trips etc.

Thank you to those parents and carers who have made payment to clear their child's lunch account debt. Existing debt will need to be cleared by Friday, 15th December, you can contact the school to check how much is owing. If this will cause undue hardship, please speak to your child's Head of Year, or access the FSM portal to see if your child could be entitled to free school meals [FSM eligibility checker](#)

Your child is also entitled to attend our free daily breakfast club.

A reminder that the daily School Breakfast Club starts at 8.00 am each school day. Students will not be able to access the club before 8.00am



Thornhill Academy Breakfast Club

Free breakfast available for ALL students

Monday to Friday 8:00am

**A great way for them to start their day
and get ready for learning.**



Co-Curricular

Our co-curricular timetable will be updated for next half term, and we look forward to sharing a great range of activities for the new year, alongside competitions and other events that students can get involved in outside of lessons.

A promotional poster for Thornhill Academy. The top half features a brick building with a circular logo. The bottom half shows a group of six students in school uniforms standing in front of the building. Text overlays provide details about exam invigilator opportunities.

**Thornhill Academy –
Invigilators Required**

Are you (or someone you know) interested in becoming one of our diligent exam invigilators?

You must be over 18 years old and **available between Monday 13th May until Friday 28th June 2024.**

Please contact Thornhill Academy for more details on **0191 500 7981** or email **thr-enquiries@consilium-at.com**

2024 Teaching Awards now open for nominations

Don't miss the opportunity to nominate a special teacher, colleague, or friend for the 2024 Teaching Awards. The nominations are free and there are 16 categories to choose from, including individual, team and support staff awards. This is a great way to show someone you appreciate their outstanding work and commitment.

Nominate someone for a National Teaching Award

<https://content.govdelivery.com/accounts/UKDFE/bulletins/37c18d6>

Spotlight on Safeguarding

Sharp Reporting System

Were you aware Thornhill has a web based anonymous reporting function? This is the direct link to the reporting feature, but this can also be accessed through the school website <https://thornhill.thesharpsystem.com/>

Standards and Expectations

Uniform and Equipment

As the temperature has now dropped, please can we remind students of our uniform expectations, standards need to be maintained in all weather. Students must wear a Black V Neck Jumper underneath their blazer each day. If additional layers are required, then this needs to be a dark waterproof coat which is worn over the blazer. There should be no additional layers beneath the blazer. Tracksuit tops and Gillet style jackets are not permitted and will be confiscated if worn. Also, a reminder that trainers or converse style shoes are not permitted.

Students are required to bring their bag to school each day, along with their planner and pencil case with equipment. Please can you check that your child is fully equipped for school each day, ready to learn.

A massive thank you to parents for their support in ensuring students have full uniform, including a jumper, bag, equipment, and planner. If students have misplaced their planner, they can be purchased via the main office and money is payable via Parent Pay for £4. Other stationary items can also be purchased in the same way, 25p per item or £1.50 for the pencil case with all equipment.

Class Charts - PLEASE LOGIN

Please can we ask you to ensure that as a parent you have downloaded the app or access class charts via the browser <https://www.classcharts.com/parent/login> to login.



Class charts is the main method of communication between staff, parents and pupils. If you do not have these details or need your password resetting, please contact school and we can give you this over the phone or alternatively email enquiries@consilium-at.com

Behaviour Policy

The behaviour policy has been reviewed, and there are changes which will be implemented to ensure there is a clear escalation process which is explicit to students. After school, detentions will replace the RJC system that we have at present. The staged response is outlined in the table below. When a child reaches a C4, they will be given a same day 30-minute detention notification, this will be via class charts. If a child has two C4 behaviours in one day, they will be placed in Reflection for the remainder of the day and the same day, detention will be extended to 45 minutes. Parents will receive a second detention notification where this is the case. As detentions are on the same day, it is essential that all parents have access to class charts to ensure you receive these notifications.

If a child fails to engage, or fails to attend the detention, then there will be an escalation

C1 Warning

C2 Second Warning

C3 Teacher Conversation

**C4 Intervention -
Relocation or Reflection**

**After School
Detention – 30 mins**

C5 Reflection – Whole Day

C6 Cool off

C7 Suspension

process and the detention will be extended. The next stage will be implemented the following day in school.

Stage 1	45 minutes After School Detention
Stage 2	Day in Reflection & 45 minute After School Detention
Stage 3	60-minute SLT Detention - Friday
Stage 4	Parental Meeting

Lates

Good punctuality at school is essential for students to achieve their full educational potential. It is also vital for students to form good habits for later life. Pupils need to attend school regularly to benefit from their education. Missing out on learning, leaves children vulnerable to falling behind. Where students are persistently late, this will impact on the progress that students make in school. We do appreciate that there may be an occasion where a child is late for school with a genuine reason for lateness, however, where this is a recurring issue, a detention will be issued. If a child has three late marks in a half term, they are persistently late to school. When a student reaches three late marks in a half term, they will be issued a same day 30 minute after school detention. This detention is compulsory and will escalate if the student does not attend. This is a deterrent to help improve punctuality and reduce lost learning time.

Unfortunately, we are seeing a significant increase in late students arriving each morning. Please can we remind all parents that we request students to be on site for 8.30am each day, classes start at 8.40am prompt.

We would like to thank you in advance with your support on this matter.

Christmas Events



Trips and Visits

Details of our existing trips can be found by clicking on the links below:

Geography Trip

[Derwent Hill Trip details](#)

Wicked

[Wicked Theatre Trip details](#)



**DAY TRIP TO
EDINBURGH**
*With History
and Music*

 Six Musical <ul style="list-style-type: none">• Musical retelling of the lives of the SIX wives of Henry VIII.• One of the best musicals and not to be missed.	 Edinburgh Dungeons <ul style="list-style-type: none">• Ultimate underground journey into Edinburgh's dark past.• A thrilling DROP RIDE• Scary fun for all!	 Mary's King Close <ul style="list-style-type: none">• A warren of streets frozen in time.• Find out what it was really like for the people who lived, worked, and died on the Close.
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Book Now

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See Miss Harris/Mr Leadbeater for more information.

Alumni Network

If you are a former pupil, we want to hear from you!

Thank you for the overwhelming support we always receive from parents.

We are extremely proud of our Alumni. When our students leave following completion of their GCSEs, they progress on to some incredibly exciting and far-reaching pathways.

What is it?

The Consilium Alumni will be a network of former students across all Consilium Academies.

The Alumni programme aims to:

- Allow continued support where needed for our former pupils
- Create a network of former pupils who are now in further education or employment, who may be able to use this experience to inspire and support current students
- Celebrate the achievements of former pupils
- Advertise local jobs which may appeal to former students and their families

Who can join?

Any former student or staff member from one of our Consilium Academies schools.

Join our network today and help us continue to build our Consilium community!

[Sign up here](#)

Parent Information

Get in touch

- At Thornhill Academy we understand the importance of sharing information and news with our parents and carers. Each week we publish our Parental Bulletin to ensure you are kept up to date with recent school news.
- We also want to hear from you! We love to share good news stories and the amazing accomplishments made by our pupils.
- If you have some good news to share about your child, please get in touch via email:
- thr-enquiries@consilium-at.com
- Follow us
- Don't forget to follow us on social media for the latest updates on school activities



Twitter@thornhill_uk

Instagram@thornhill_academy

FacebookThornhill Academy



MENTAL HEALTH TIPS TO SURVIVE CHRISTMAS



REACH OUT

Christmas is a time of joy but for many can be the darkest and hardest time of the year. If you find yourself feeling overwhelmed, don't be afraid to ask for help. While everyone around you seems to be happy, you may feel persistently stressed or anxious, sad or even hopeless. Find someone to talk to; it could be a friend, partner, family member, colleague, doctor, therapist or a helpline. There is always someone who will listen. Sharing your thoughts and feelings can really help free your mind and unlock options that may help.



BUDGET

Christmas time can be a very expensive time of year. People often feel under pressure to buy presents, attend events and spend more money than they can afford. Make a Christmas budget, factor in the significant things such as family outings and stick to it. Come January you will be glad.



NOURISH YOUR BODY

When it comes to mental health, what you eat can make a difference to how you feel. A diet rich in foods like fruits, vegetables, wholegrain cereals, nuts and seeds can help protect your mental health. Making healthier food choices will ultimately improve your physical and mental wellbeing, keeping the everything in moderation mindset over the festive period will stand to you, removing that sluggish feeling in January.



BE MINDFUL

Mindfulness is simply paying attention to whatever is happening in the present moment and experiencing it without judgement. We are either in the past or the future, but rarely in the now. Savour the moments and memories made over the festive season. Be present in that moment and stop worrying about the future.



BE MINDFUL OF ALCOHOL CONSUMPTION

Christmas can be a time of overindulgence in food and alcohol. Socialising is often based around alcohol and the pub. Alcohol, although it makes some users feel relaxed, drinking large amounts can lead to low mood and irritability, it can contribute to a loss of inhibitions, conflict and misunderstanding. Try to be mindful of the amount you may consume and to be aware of how you may feel the following day



SLEEP

The Christmas season can be hectic meaning our sleep pattern can be thrown out of sync. We cannot function effectively without sleep - it helps to repair and restore our brains and bodies, and is vital for maintaining good mental health. Ongoing sleep disturbance can lead to tiredness, irritability and difficulty concentrating. Try to stick to your normal sleeping pattern so that you have the energy for the hustle and bustle of the festive season.



EXERCISE

Being physically active can enhance your mood, reduce stress and anxiety, encourage the release of endorphins and improve self-esteem. Keeping active over the festive period will help protect both your physical health and your mental health. Regular exercise will help you sleep and relax, look and feel better. Get outside, breathe in some fresh air feel it deep within your lungs, you will feel better for it.



HAVE COMPASSION FOR YOURSELF AND OTHERS

Being considerate, generous and kind can make anyone's day. The true meaning of Christmas is to remove suffering by sharing and giving, having fun and spending time with the most important people in your life. With 1 in 4 people experiencing a mental illness at some point in their life, there is bound to be someone you know who is not feeling festive. Reach out to them, ask them how they are. You could be the one reason they do not feel alone over the festive season.



Here are some useful website and telephone numbers if you need support:
Washington MIND - Mental health and Wellbeing for adults and under 18s:
<https://www.washingtonmind.org.uk/>

Intensive community Treatment service 24/7 Telephone Support Number : 0191 566 5500

Urgent Specialist advice Initial response service : 0800 652 2868

Wellbeing Crisis support page - <https://wellbeinginfo.org/self-help/mental-health/crisis/>

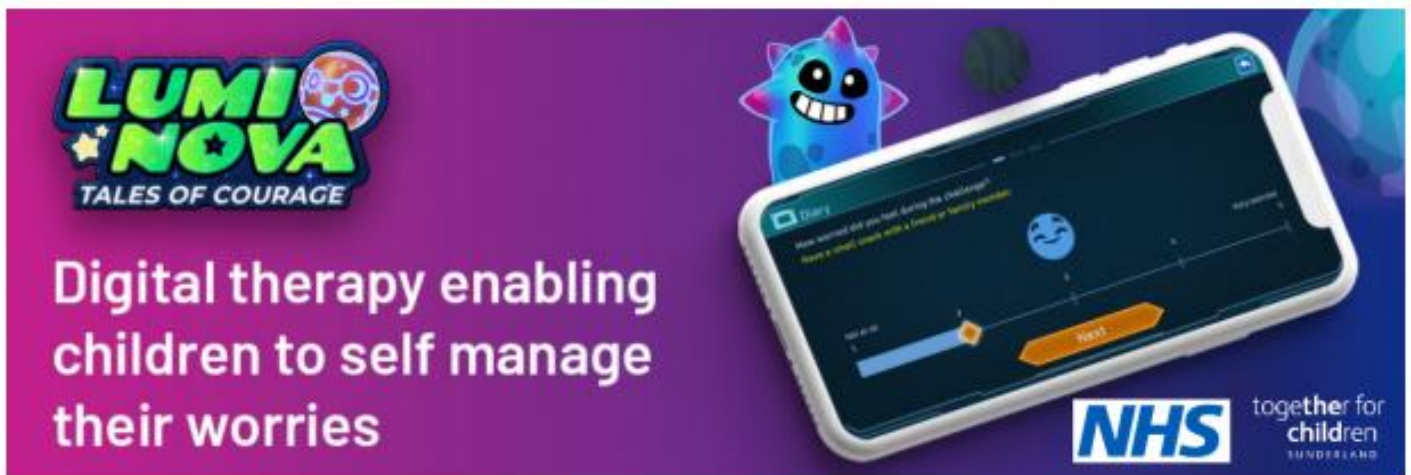
Local Authority Information

The Samaritans: www.samaritans.org or call 116 123

Please use the link below for instant access to Lumi Nova!

Sign up here - <https://luminova.app/sunderland>

24x7



We are also excited to offer you a place on an upcoming Lumi Nova Discovery Session for Sunderland. Within the 30-minute webinar you will learn how Lumi Nova can support students aged 7-12 to tackle their fears and worries and build lifelong skills, how families from your school can access Lumi Nova for free and how this digital therapeutic intervention can complement your whole school approach to wellbeing. Please use the link below to register.

[Book here!](#)

In the meantime, if you would like to learn more about Lumi Nova and how it can support your students go to luminova.app or reach out to us via our email address:

luminova@bfb-labs.com