

Thumbprint Menu

Spring/Summer Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Meal 1	Pizza – Mixed	Chicken Curry	Minced Beef Lasagne	Roast Pork Dinner with Apple Sauce	Fried Fish	
Main Meal 2	Brunch – Bacon, Sausage, Beans, Egg, Toast	Savory Fajitas	Meatballs with Tomato Sauce	Cheese Slice	Beef Burgers	
Vegetarian	Quorn Veggie Chilli	Quorn Fajitas	Quorn Lasagne	Mixed Pepper Cheese Flan	Quorn Burger	
Hot Snack	Panini/Subway	Panini/Subway	Panini/Subway	Panini/Subway	Panini/Subway	
Bread (Daily)	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily	
Carbohydrate	Wedges Rice	Homemade Garlic Bread Diced Herby Potatoes	Boiled Potatoes Tomato Bread	Creamy Mash Roast Potatoes	Chips Boiled Potatoes	
Vegetables	Mixed Vegetables Tinned Tomatoes	Peas Cauliflower	Sweetcorn Green Beans	Broccoli Carrots	Mushy Peas Beans	
Salad	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	
Hot Jacket Potato Filling	Cheese, Cheese and Bacon, Chicken Tikka, Cheese Savoury, Tuna, Tuna and Sweetcorn					
Hot Dessert	Fruit Flapjack and Custard	Carrot and Banana Cake and Custard	Biscuit and Frozen Yoghurt	Apple Crumble and Custard	Jam Sponge	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	Malt Loaf and Fruit	Malt Loaf and Fruit	Malt Loaf and Fruit	Malt Loaf and Fruit	Malt Loaf and Fruit	
Cold Dessert	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	

| Prepared Fresh Fruit |
|----------------------|----------------------|----------------------|----------------------|----------------------|
| Salad/ Plated Fruit |
| (Varity of Fruits) |
| Cake and Biscuit |



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Meal 1	Hunters Chicken	Salmon and Broccoli Quiche	Minced Beef Spaghetti Bolognese	Roast Dinner Beef or Chicken	Fish Pie	
Main Meal 2	Minced Beef Chilli	Chicken Dumpling	Chicken Tikka Curry and Naan Bread	BBQ Chicken Wraps	Burgers/Hot dogs in a bun	
Vegetarian	Veggie Pizza	Quorn Veggie Chow Mein	Quorn Pasta Bake	Macaroni Cheese	Quorn Bean Burger	
Hot Snack	Panini/Subway	Panini/Subway	Panini/Subway	Panini/Subway	Panini/Subway	
Bread (Daily)	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily	
Carbohydrate	Wedges Rice	Leek Mash Diced Potatoes	Garlic Naan Bread Spaghetti	Creamy Mash Roast Potatoes	Chips Jacket Potatoes	
Vegetables	Mixed Vegetables Beans	Cauliflower Cheese Green Beans	Peas Sweetcorn	Swede Carrots	Broccoli Beans/Peas	
Hot Jacket Potato Filling	Cheese, Cheese and Bacon, Chicken Tikka, Cheese Savoury, Tuna, Tuna and Sweetcorn					
Hot Dessert	Iced Shortbread and Custard	Chocolate Cake and Custard	Orange and Lemon Sponge and Custard	Apple and Blackberry Slice and Custard	Strawberry Cheesecake	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	

| Cold Dessert | Cheese, Crackers and
Fruit |
|--------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| | Prepared Fresh Fruit |
| | Salad/Plated Fruit |
| | (Variety of Fruits) |
| | Cake and Biscuit |



Thumbprint Menu

Spring/Summer Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Minced Beef Pie	Sausage and Yorkshire Pudding	Chicken Curry	Braising Steak	Battered Fish Goujons Beef Burgers
Main Meal 2	Chicken Enchiladas	Minced Beef and Pepper Pasta Bake	Fish Cakes	Mixed Pizza	Corned Beef Pie
Vegetarian	Quorn Enchiladas	Quorn Sausage and Yorkshire Pudding	Veggie Curry	Cheese and Tomato Risotto	Quorn Veggie Stir Fry
Hot Snack	Panini/Subway	Panini/Subway	Panini/Subway	Panini/Subway	Panini/Subway
Bread (Daily)	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily	Fresh Mixed Daily
Carbohydrate	Roast Potatoes Boiled Potatoes	Diced Herby Potatoes Onion and Cream Mash	Savory Rice Homemade Garlic Bread	Wedges Carrot Mash	Chips Sliced Tomato Potato
Vegetables	Carrot Mash Broccoli	Peas Mashed Turnip	Cauliflower Sweetcorn	Mixed Vegetables	Mushy Peas Carrots

Hot Jacket Potato Filling	Cheese, Cheese and Bacon, Chicken Tikka, Cheese Savoury, Tuna, Tuna and Sweetcorn					
Hot Dessert						
Cold Dessert	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	
	Cheese, Crackers and	Cheese, Crackers and	Cheese, Crackers and	Cheese, Crackers and	Cheese, Crackers and	
	Fruit	Fruit	Fruit	Fruit	Fruit	
	Prepared Fresh Fruit	Prepared Fresh Fruit	Prepared Fresh Fruit	Prepared Fresh Fruit	Prepared Fresh Fruit	
	Salad/Plated Fruit	Salad/Plated Fruit	Salad/Plated Fruit	Salad/Plated Fruit	Salad/Plated Fruit	
	(Variety of Fruits)	(Variety of Fruits)	(Variety of Fruits)	(Variety of Fruits)	(Variety of Fruits)	
	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	