



Thumbprint Menu

Autumn/Winter Menu

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Spaghetti Bolognese	Pizza, mixed	Chicken Curry	Roast Beef	Fish/ Burger in Bun
Main Meal 2	Mince and Dumplings	Steak Pie	Brunch (Bacon, Sausage, Scrambled Egg, Beans)	Lasagne	Cheese Flan
Vegetarian	Veggie Pasta	Quorn Chilli	Quorn Curry and Naan Bread	Veggie Lasagne	Quorn Burger
Hot Snack	Wrap/Panini	Subway/Panini	Wrap/Panini	Subway/Panini	Panini
Bread (Daily)	Selection	Selection	Selection Homemade Tomato and Herb Bread	Selection	Selection Homemade Garlic Bread
Carbohydrate	Mashed Potato/Pasta	Wedges/Boiled Potatoes	Toast Rice	Roast Potatoes Garlic Bread	Chips
Vegetables	Broccoli Salad	Cauliflower Swede Salad	Beans Tomatoes Salad	Carrots Peas Salad	Beans Mushy Peas Salad
Salad	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side	Plated Salad with 1 choice of side
Hot Jacket Potato Filling	Cheese, Cheese and Bacon, Chicken Tikka, Cheese Savoury, Tuna, Tuna and Sweetcorn				
Hot Dessert	Fruit Flapjack and Custard	Carrot and Banana Cake and Custard	Biscuit and Frozen Yoghurt	Apple Crumble and Custard	Jam Sponge
Cold Dessert	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Malt Loaf and Fruit	Malt Loaf and Fruit	Malt Loaf and Fruit	Malt Loaf and Fruit	Malt Loaf and Fruit
	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit
	Prepared Fresh Fruit Salad/ Plated Fruit (Varity of Fruits)	Prepared Fresh Fruit Salad/ Plated Fruit (Varity of Fruits)	Prepared Fresh Fruit Salad/ Plated Fruit (Varity of Fruits)	Prepared Fresh Fruit Salad/ Plated Fruit (Varity of Fruits)	Prepared Fresh Fruit Salad/ Plated Fruit (Varity of Fruits)
	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit



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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Mince Pie	Chicken Curry and Naan Bread	Big Fish Cakes	Roast Chicken, Stuffing and Yorkshire Pudding	Fish/ Burger in Bun
Main Meal 2	Italian Chicken	Braising Steak	Chicken and Dumplings	Pizza	Corned Beef Pie
Vegetarian	Macaroni Cheese	Quorn Chicken Curry and Naan Bread	Quorn Mince Bolognese	Salmon and Dill Fishcakes	Quorn Veggie Stir Fry
Hot Snack	Wrap/Panini	Subway/Panini	Wrap/Panini	Subway/Panini	Panini
Bread (Daily)	Bread (Daily)	Selection	Selection	Selection	Selection
Carbohydrate	Wedges Garlic Potatoes	Rice Mashed Potato	Popeye Mash	Roast Potatoes Cubed Potatoes	Boiled Potatoes Chips
Vegetables	Peas Salad	Mixed Veg Cauliflower	Carrots Peas Salad	Swede Broccoli Salad	Beans Mushy Peas Salad
Hot Jacket Potato Filling	Cheese, Cheese and Bacon, Chicken Tikka, Cheese Savoury, Tuna, Tuna and Sweetcorn				
Hot Dessert	Iced Shortbread and Custard	Chocolate Cake and Custard	Orange and Lemon Sponge and Custard	Apple and Blackberry Slice and Custard	Strawberry Cheesecake
Cold Dessert	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit
	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit
	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)
	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit



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Autumn/Winter Menu

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Broccoli, Salmon and Cheese Flan	BBQ Pulled Chicken Wraps	Pasta with Selection of Sauces	Chicken Tikka Curry	Fish/ Burger in Bun
Main Meal 2	Roast Chicken Dinner	Mince Pie	Pizza	Chicken Goujons	Meatballs and Spaghetti
Vegetarian	Cheese and Tomato Risotto	Cauliflower Cheese	Quorn Enchiladas	Quorn Curry and Naan Bread	Quorn Sausage Pasta Bake
Hot Snack	Wrap/Panini	Subway/Panini	Wrap/Panini	Subway/ Panini	Panini
Bread (Daily)	Selection	Selection	Selection	Selection	Selection
Carbohydrate	Wedges Baby Boiled Potatoes	Carrot Mash Mashed Potatoes	Garlic and Herb Bread Cubed Potatoes	Roast Potatoes Rice	Chips
Vegetables	Sweetcorn and Peas Salad	Green Beans Carrots	Salad	Mixed Vegetables Salad	Beans Mushy Peas
Hot Jacket Potato Filling	Cheese, Cheese and Bacon, Chicken Tikka, Cheese Savoury, Tuna, Tuna and Sweetcorn				
Hot Dessert					
Cold Dessert	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit	Meat Loaf and Fruit
	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit	Cheese, Crackers and Fruit
	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)	Prepared Fresh Fruit Salad/Plated Fruit (Variety of Fruits)
	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit	Cake and Biscuit

