

Dear Parent/Carer,

At Thornhill Academy we place the highest priority on the physical health and mental wellbeing of all pupils in our care. To this end we are passionate about ensuring all pupils get the best possible experience in all subjects and opportunities presented to them.

Pupils can experience many benefits, physically, mentally and emotionally, as a direct result of their participation in some form of PE, and a higher level of participation can lead to greater rewards such as leadership skills, communication and trust, tolerance, independence, fairness and respect.

I would like to take this opportunity to remind you that PE is a statutory requirement of the National Curriculum and all pupils in our school community receive a minimum of 2 hours per cycle of high-quality PE lessons.

The new school policy is that all pupils bring full Thornhill Academy PE kit (polo, shorts, socks, hoody) to all lessons and participate to the best of their ability. Furthermore, should any pupil be injured or unable to participate physically they are still required to bring their PE kit and get changed. A number of roles and activities can be achieved in lessons regardless of physical ability.

To maintain the highest possible standards no jewellery, fizzy drinks, or mobile phones will be allowed in lessons.

If a pupil does not have their PE kit, they will be given PE kit to change into, non-participation of any sort will lead to further consequences and parental engagement. To avoid this, I strongly recommend that your child has their PE kit for each and every lesson.

Thornhill Academy PE kit can be purchased from Little Gems (259A High St W, Sunderland) or online at https://theschooloutfit.co.uk/collections/thornhill-school.

Please support the PE department by following these new rules, expectations, and aspirations to inspire your child's full potential. and by ensuring they are fully organised with their PE kit for all lessons. If you require any further information or clarification please do not hesitate to get in touch.

Thank you for your support,



Mr A Miller Head of PE Dept



Headteacher: Mrs S Hamilton